Liberty Lines

Liberty County Extension/4-H
10405 NW Theo Jacobs Way
Bristol, Fl 32321
850-643-2229
April 2010

4-H Club News
Meets at Veterans Memorial Civic Center
3:30-5:00 pm

April 6th & 20th – Krafty Kritters
April 9th & 23rd – Teen Club
April 14th & 28th – Outdoors Club
April 16th & 30th – Rocket club
Horse Club meets every Monday evening at the arena from 6:00 -7:00 pm

District 4-H
Happenings
April 10th - District Congress - Gadsden County Elementary School

State 4-H
Happenings
April 22nd - 4-H Day at the Capitol - Tallahassee
Super Summer Day & Residential Camps with 4-H

**Super Sports & Recreation**

June 7th-9th— (9:00-4:00 EST) Join 4-H in Super Sports and Recreation while enjoying the outdoors, bike riding, kayaking, and shooting sports.

Fee: $20 Ages: 8-12

**4-H Camp Timpoochee**

June 14th-18th

4-H Camp Timpoochee is located on the Choctawhatchee Bay in Niceville, Florida. Summertime was made for adventures...although kids want to have fun, parents want them to get a little education. Between swimming, kayaking, hiking, snorkeling, campfires and recreational games, what more could any kid ask for in an adventure? 4-H camp provides a unique educational opportunity, emphasizing Florida’s ecosystems. They allow youth not only to learn, but to experience Florida’s environment first hand.

(Overnight) Super Fun! Call for a packet 643-2229

Fee: $210.00 Ages: 8-18

**Super Foods “Around the World”**

June 23rd & 24th - (9:00-4:00 EST)

Come and learn about food diversity with Ms. Shellie. You will learn how to prepare and taste foods from two different places in the world.

Fee: $20.00 Ages: 8-14 Class is limited to first 12 participants.
Super Forensic Entomology

June 29th-July 1st- (9:00-4:00 EST)

Super Forensic Entomology with Mrs. Cathia, youth will learn the importance through hands-on activities the connections between insects and forensic entomology.

Fee: $25.00 Ages: 8-14

Super Quilt Quest

July 6th-8th—(9:00-4:00 EST)

Come learn with Mrs. Monica how to make a quilt. Quilts are important records of human progress and achievement. The study, collection, conservation and exhibition of quilts have enormous potential to advance the understanding of our culture and history. You will learn the history of quilts as well as develop their own design in order to create a quilt.

Fee: $30.00 Ages: 10-18

Super Food, Fun & Fitness

July 20th-22nd—(9:00-4:00 EST)

Join us while we explore the value of Super Food & Fitness. Youth will gain skills in kitchen basics as well as how to prepare simple snacks. Many fun games will be played in order to become a more fit youth.

Fee: $20.00 Ages: 8-12
4-H Day at the Capitol
Participants have the opportunity to:

- Participate in tours of historic landmarks in Tallahassee!
- Repeat participants can take part in new workshops!
- Meet with their government officials!
- Hear from politicians and 4-H members through press conferences, and other special activities!
- Be empowered to take a role as an active citizen!

Goal: 1000 4-H Members

For more information contact Cathia Schmarje at 643-2229. Must be 14-18 years old as of September 1, 2009.

Next Month's Highlights
May 21st - 22nd - Camp Counselor Training  -  Blountstown 4-H Camp (overnight)

Word of the Month

Motivation

What motivates YOU! Why do you do what you do? What is it that makes you want to do it? What inspires you to focus on the task at hand and do it to the best of your ability? These are the whys that fuels the power to your personal engine to make it happen! It’s called your Motivation.

Every person in the world has some form of motivator that makes them eager to wake up each day and go “Make the Best Better”. Figuring that out is the key to your daily journey through life.

Get motivated and make it happen through 4-H. “Learn by Doing” and “Make the Best Better”.

From the desk of:
Cathia Schmarje - 4-H Program Assistant
Monica Brinkley - CED